**Sport and Active Lifestyles Leadership Academy**

**Strength & Conditioning Internship**

**APPLICATION FORM – 2020/2021**

**Programme Aim:**

To identify, recruit, support and develop student coaches by providing an opportunity to coach within the Strength & Conditioning Programme at Leeds Beckett University.

**The Coaching Bursary Programme will provide:**

* Access to clubs, teams, players or athletes within the chosen sport as agreed by the Head S&C Coach.
* Mentoring and support by the Head S&C Coach.
* Sport & Active Lifestyle Membership.
* Free kit bundle.
* Subsidised course/event fees for relevant CPD as agreed by the programme manager and as per the respective bursary tier.
* A bursary payment on completion of agreed coaching duties and responsibilities for the academic year/season as per the respective bursary tier, as and agreed with the programme manager.

**Coaching Bursars must:**

* Be fully registered Leeds Beckett University students and maintain both student eligibility and satisfactory academic progress throughout the duration of the bursary agreement.
* Hold a relevant and valid sport-specific NGB qualification, and/or be deemed to have suitable and relevant experience and knowledge of coaching by the Head S&C Coach.
* Be available to attend any club/participant selection process or induction sessions as agreed by the Head S&C Coach.
* Be available to coach at all training sessions, and devise programmes where applicable, as agreed by the Head S&C Coach.
* Inform the Head S&C Coach immediately if you become unfit or unavailable to coach (evidence may be required e.g. medical certificate).
* Abide by the University’s Student Code of Conduct, and adhere to relevant Sport & Active Lifestyles’ policies and procedures at all times.
* Abide by the relevant NGB Coaches’ Code of Conduct.
* Have an in-depth knowledge of sporting pathways, structures and development for the respective sport.
* Be effective at communication and organisation in relation to the club/programme and its participants.
* Actively promote Leeds Beckett University, Sport & Active Lifestyles and the S&C Intern Programme at all times.

|  |  |
| --- | --- |
| Personal Details | |
| Surname |  |
| First Name(s) |  |
| Date of Birth |  |
| Home Address |  |
| Post Code |  |
| Mobile No |  |
| Email Address |  |
| Term Time Address  (if different from  Home Address) |  |
| Post Code |  |

|  |  |
| --- | --- |
| Details of Study | |
| Faculty |  |
| Campus |  |
| Course of Study |  |
| Course Leader |  |
| Duration of Course |  |
| Year of Study |  |
| Student I.D. No |  |

|  |  |  |
| --- | --- | --- |
| Sport Details – please write N/A if not applicable | | |
| Which sport(s) do you play? | |  |
| What is your playing ability level? | |  |
| Number of years spent playing? | |  |
| Details of Coaching Qualifications | | |
| Please circle all that apply and list the sports:  Level 1:  Level 2:  Level 3:  Level 4:  Other please state:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Any other relevant CPD training or qualifications you may have, i.e. First Aid: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | |
| Please outline your previous coaching experience, including: age of players, coaching environment, group numbers, and whether you were leading or assisting with sessions: | | |
|  | | |
| Please describe how the S&C internship would help you to develop as a coach: | | |
|  | | |
| Please list down where known any other commitments this academic year, i.e. timetable, employment, other coaching, etc: | | |
|  | | |
| Please outline any other information relevant to your application: | | |
|  | | |
| Do you have any criminal proceedings pending, or been convicted of a criminal offence in the last 5 years? If so, please disclose: | | |
|  | | |
| Have you ever been dismissed from employment or voluntary work? | | |
|  | | |
| Please provide the names and contact details of two character referees who you have professional connections with in either study, employment or volunteering: | | |
|  | | |
| **Declaration**  I declare that the information I have supplied on this application form is, to the best of my knowledge, true and correct and represents an accurate reflection of myself. Inaccurate details or incomplete sections may hinder or affect my application process.  I have read the privacy notice <https://www.leedsbeckett.ac.uk/sport/coaching-development/> and understand why my data is being collected and how it will be processed. | | |
| Name |  | |
| Signature |  | |
| Date |  | |
| **If you are successful in your application you will be allocated specific sports teams to work with**  **Submission Details**  Please return this application no later than: 31/04/2020 to:  Dane Mitchell  Head Strength & Conditioning Coach  Room G13  Carnegie Hall  Leeds Beckett University  Headingley Campus  Leeds LS6 3QQ  Or, electronically to [d.b.mitchell@leedsbeckett.ac.uk](mailto:d.b.mitchell@leedsbeckett.ac.uk) | | |