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## Positive Organisations



# What is Appreciative Inquiry (AI)

- An energizing approach for sparking positive change in people, groups and organisations
- Focuses on what is working well (**appreciative**) by engaging people by asking questions and telling stories (**inquiry**)
- Focus on the positive generates energy in the organisation, groups and individuals, facilitating more effective movement towards its goals



# What works well in your organisation and why?

## Share your experience with others around the room others

