

North East and Yorkshire Dietetic Placement Partnership



C PLACEMENT INDIVIDUAL CONSULTATION TOOL

Competent: C1 ☐ C2 ☐ C3 (Process) ☐ (please check)

Signed:

Student				Date	
Educator				Placement week	
Context/ setting				Practice area	
Service user disease/ condition/ age group				Intervention	
Observed or measurable behaviours and actions (With minimal supervision as appropriate to the practice area)	N/A	Working towards	Met	Educator comments	
Identification of nutritional need and Assessment (C3)					
<ul style="list-style-type: none"> Utilises wider team to support identification Adheres to guidance, pathways and referral criteria Collects relevant information from records, service user, carer, and/or other health professionals, as follows: <ul style="list-style-type: none"> Anthropometry, Biochemistry, Clinical, Dietary, Environmental/ Social Assesses service user's general food knowledge and/or cooking skills Identifies service user's perceived barriers to change Checks understanding of medical condition 					
Identification of nutrition and dietetic diagnosis (C3)					
<ul style="list-style-type: none"> Correctly interprets assessment information Integrates medical, social and dietary information Generates a PASS statement Correctly identifies and prioritises nutrition and dietetic diagnosis 					
Planning nutrition and dietetic intervention (C3)					
<ul style="list-style-type: none"> Understands, and applies, ethical and legal principles Considers the knowledge, beliefs and attitudes of the service user Identifies who will carry out intervention and resources needed Defines length, frequency and duration of intervention Creates suitable physical environment for consultation Works collaboratively to identify appropriate evidence-based SMART goals/ outcomes 					
Implementation of nutrition and dietetic intervention (C3)					
<ul style="list-style-type: none"> Conducts, co-ordinates or delegates care Selects and uses appropriate tools, techniques and resources to implement plan Explains how nutrients relate to the condition 					

<ul style="list-style-type: none"> Provides accurate food and nutrition information Makes reference to a relevant evidence base Works in partnership with service user to identify possible dietary changes Develops measurable and specific outcomes, checking understanding and agreement Monitors, problem solves and refines strategies, both in and following action, as needed Concludes consultation appropriately Follow-up arranged as appropriate 					
Professionalism (C1)					
<ul style="list-style-type: none"> Adheres to infection control procedures Obtains consent Does not discriminate Demonstrates sensitivity to confidentiality Recognises and works within scope of practice Works in line with organisational policies, procedures and professional standards Completes, and manages, consultation within agreed time Demonstrates reflection in, and on, action 					
Communication (C2)					
<ul style="list-style-type: none"> Greeting, introductions and establishes rapport Establishes background and clarifies reason for consultation Outlines what to expect from consultation Uses appropriate questioning style to elicit relevant information Listens to and demonstrates understanding of the client's story, using active listening skills Empathetic, acknowledges feelings and is sensitive in their approach Acknowledges clients view and feelings, using behaviour modification techniques Shows respect and preserves dignity Uses effective verbal and non-verbal language/ communication that can be understood 					
Complexity	Straightforward/ Mildly challenging/ Moderately challenging/ Very challenging				
Additional information					
Strengths of this consultation (mandatory)		Areas for improvement (mandatory)			
1)		1)			
2)		2)			