

# North East and Yorkshire Dietetic Placement Partnership



## B PLACEMENT INDIVIDUAL CONSULTATION TOOL

Competent: B1 ☐ B2 ☐ B3 ☐ B4 ☐ B5 ☐ B6 ☐ (please check)

Signed:

|   |            |                        |            |                          |  |
|---|------------|------------------------|------------|--------------------------|--|
| <b>Student</b>  |            |                        |            | <b>Date</b>              |  |
| <b>Educator</b>   |            |                        |            | <b>Placement week</b>    |  |
| <b>Context/ setting</b>   |            |                        |            | <b>Practice area</b>     |  |
| <b>Service user disease/ condition/ age group</b>   |            |                        |            | <b>Intervention</b>      |  |
| <b>Observed or measurable behaviours and actions</b><br>(With supervision)  | <b>N/A</b> | <b>Working towards</b> | <b>Met</b> | <b>Educator comments</b> |  |
| <b>Identification of nutritional need and Assessment (B3)</b>   |            |                        |            |                          |  |
| <ul style="list-style-type: none"> <li>Utilises wider team to support identification</li> <li>Adheres to guidance, pathways and referral criteria</li> <li>Collects relevant information from records, service user, carer, and/or other health professionals, as follows: <ul style="list-style-type: none"> <li>Anthropometry, Biochemistry, Clinical, Dietary, Environmental/ Social</li> </ul> </li> <li>Assesses service user's general food knowledge and/or cooking skills</li> <li>Identifies service user's perceived barriers to change</li> <li>Checks understanding of medical condition</li> </ul> |            |                        |            |                          |  |
| <b>Identification of nutrition and dietetic diagnosis (B4)</b>  |            |                        |            |                          |  |
| <ul style="list-style-type: none"> <li>Correctly interprets assessment information</li> <li>Integrates medical, social and dietary information</li> <li>Generates a PASS statement</li> <li>Correctly identifies and prioritises nutrition and dietetic diagnosis</li> </ul>  |            |                        |            |                          |  |
| <b>Planning nutrition and dietetic intervention (B5)</b>  |            |                        |            |                          |  |
| <ul style="list-style-type: none"> <li>Understands ethical and legal principles</li> <li>Considers the knowledge, beliefs and attitudes of the service user</li> <li>Identifies who will carry out intervention and resources needed</li> <li>Defines length, frequency and duration of intervention</li> <li>Creates suitable physical environment for consultation</li> <li>Works collaboratively to identify appropriate evidence-based SMART goals/ outcomes</li> </ul>   |            |                        |            |                          |  |
| <b>Implementation of nutrition and dietetic intervention (B6)</b>   |            |                        |            |                          |  |
| <ul style="list-style-type: none"> <li>Conducts, co-ordinates or delegates care</li> <li>Uses appropriate tools, techniques and resources to implement plan</li> <li>Explains how nutrients relate to the condition</li> </ul>  |            |                        |            |                          |  |

|  |   |  |  |  |  |
|--|---|--|--|--|--|
| <ul style="list-style-type: none"> <li>Provides accurate food and nutrition information</li> <li>Makes reference to a relevant evidence base</li> <li>Works in partnership with service user to identify possible dietary changes</li> <li>Develops measurable and specific outcomes, checking understanding and agreement</li> <li>Monitors, problem solves and refines strategies as needed</li> <li>Concludes consultation appropriately</li> <li>Follow-up arranged as appropriate</li> </ul>  |   |  |  |  |  |
| <b>Professionalism (B1)</b>  |   |  |  |  |  |
| <ul style="list-style-type: none"> <li>Adheres to infection control procedures</li> <li>Obtains consent</li> <li>Does not discriminate</li> <li>Demonstrates sensitivity to confidentiality</li> <li>Recognises and works within scope of practice</li> <li>Works in line with organisational policies, procedures and professional standards</li> <li>Completes consultation within agreed time</li> <li>Demonstrates reflection on action</li> </ul>   |   |  |  |  |  |
| <b>Communication (B2)</b>  |   |  |  |  |  |
| <ul style="list-style-type: none"> <li>Greeting, introductions and establishes rapport</li> <li>Establishes background and clarifies reason for consultation</li> <li>Outlines what to expect from consultation</li> <li>Uses appropriate questioning style to elicit relevant information</li> <li>Listens to and demonstrates understanding of the client's story, using active listening skills</li> <li>Empathetic, acknowledges feelings and is sensitive in their approach</li> <li>Acknowledges clients view and feelings, using behaviour modification techniques</li> <li>Shows respect and preserves dignity</li> <li>Uses effective verbal and non-verbal language/ communication that can be understood</li> </ul> |   |  |  |  |  |
| <b>Complexity</b>  | Straightforward/ Mildly challenging/ Moderately challenging/ Very challenging |  |  |  |  |
| <b>Additional information</b>  |   |  |  |  |  |
| <b>Strengths of this consultation (mandatory)</b>  |   | <b>Areas for improvement (mandatory)</b> |  |  |  |
| 1)   |   | 1)                                       |  |  |  |
| 2)   |   | 2)                                       |  |  |  |