# FURTHER EDUCATION MENTAL HEALTH AWARD

Improve resilience, emotional intelligence, mental health and wellbeing for all members of your community.

The Department for Education recognises a direct link between positive mental health and successful outcomes; the Further Education Mental Health Award builds on this link and provides a framework for educational institutions to evidence policies and initiatives that work towards improving emotional health and wellbeing for both staff and students. The award ensures sixth form and further education colleges are using evidence-based approaches that align to professional and government guidelines. Using a developmental framework, you will evaluate current mental health practices, identify gaps, develop and strengthen these and work towards building an emotionally healthier environment.

## WHAT DOES THE FURTHER EDUCATION MENTAL HEALTH AWARD COVER?

The award takes a whole sixth form and further education colleges approach to mental health and covers eight key competencies each with a series of statements that you will use to self-evaluate their current practice.

The eight competencies are:

- Leadership & Strategy
- Organisational Structure & Culture Staff
- Organisational Structure & Culture Students
- Support for Staff
- Support for Students
- Staff Professional Development & Learning
- Working with Parents & Carers

### WHAT IS THE PROCESS?

The award process allows sixth forms and further education colleges to make mental health and wellbeing a guided strategic priority for development. The sixth form/college will develop an implementation plan and guide the sixth form/college community through a process of building the skills and knowledge needed to bring about whole sixth form/college improvements in mental health and wellbeing. Your educational institution will work with an allocated coach to create a personalised action plan for your setting. Together, you will develop a portfolio of evidence for your setting set against the competencies of the framework. Once submitted, your evidence will be verified against the three levels: bronze, silver and gold. As well as being recognised as a thought leader in Further Education Mental Health and Wellbeing you will have the opportunity to showcase your practice with other educational institutions, engaging in research and support the building of a professional community.

Your setting will receive:

- A self-assessment diagnostic.
- An allocated coach who will support the school through the process.
- A paper and e-certificate.
- An e logo to display on your website and stationery.

Your setting will gain a profile by appearing on our 'Further Education Mental Health Hall of Fame' on the Carnegie Centre for Excellence for Mental Health In Schools website.

#### WHY ATTAIN THE AWARD?

- Improves student and staff self-confidence, resilience and mental health
- Improves student outcomes
- Creates a culture of awareness of mental health, tolerance and acceptance, helping to reduce behavioural problems and promotes positive mental health strategies
- Increases staff retention rates and attracts high calibre staff
- Demonstrates commitment to adhere to professional and government guidance

## HOW MUCH DOES THE AWARD COST AND HOW LONG IS IT VALID FOR?

The award costs £495 excluding VAT and lasts for three years, after which you can apply for reassessment to maintain your level or strive for higher quality standards.

#### CONTACT

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