



BOARDING SCHOOL MENTAL HEALTH AWARD

Improve resilience, emotional intelligence, mental health and wellbeing for all members of your community.

This award takes a community approach to mental health providing a framework to evidence policies and initiatives that work towards improving mental health and wellbeing for both staff and pupils within the wider school community. Using a development framework, schools will evaluate current mental health practices, identify gaps, develop and strengthen these and work towards building an emotionally healthy community for all.

WHAT DOES THE SCHOOL MENTAL HEALTH AWARD COVER?

The award takes a whole school approach to mental health and covers eight key competencies each with a series of statements that schools will work to embed.

The eight competencies are:

- Leadership & Strategy
- Organisational Structure & Culture - Staff
- Organisational Structure & Culture - Pupils
- Support for Staff
- Support for Pupils
- Professional Development & Learning
- Working with Parents & Carers
- Working with External Services

WHAT IS THE PROCESS?

The award process allows schools to make mental health and wellbeing a guided strategic priority for school development. The School will develop an implementation plan and guide the school community through a process of building the skills and knowledge needed to bring about whole school improvements in mental health and wellbeing. Your school will work with an allocated coach to create a personalised action plan for your school. Together, you will develop a portfolio of evidence for your school set against the competencies of the framework. Once submitted, your evidence will be verified against the three levels : bronze, silver and gold. As well as being recognised as a thought leader in School Mental Health and Wellbeing you will have the opportunity to showcase your practice with other schools, engaging in research and support the building of a professional community.

Your school will receive:

- A self-assessment diagnostic.
- An allocated coach who will support the school through the process.
- A paper and e-certificate.
- An e logo to display on your website and school stationery.

Your school will gain a profile by appearing on our 'School Mental Health Hall of Fame' on the Carnegie Centre for Excellence for Mental Health In Schools website.

WHY ATTAIN THE AWARD?

- Creates a culture of an awareness of mental health, tolerance and acceptance, helping to reduce behavioural problems and promotes positive mental health strategies.
- Improves community wellbeing for all.
- An opportunity for the school to identify its own priorities and areas for development using the framework.
- Addresses the needs of all mental health needs of your community including pupils and staff.
- Increases staff retention rates meaning continuity of care and attract high calibre staff.
- Demonstrates commitment to adhere to and exceed professional and government guidance. Allows specific professional development opportunities for all levels of staff whether house based or as part of a whole school team.

HOW MUCH DOES THE AWARD COST AND HOW LONG IS IT VALID FOR?

The award costs £495 excluding VAT and lasts for three years, after which you can apply for reassessment to maintain your level or strive for higher quality standards.

CONTACT

For further information please make contact with Martina Sanna - schoolmh@leedsbeckett.ac.uk

or call 0113 812 2423.